January 11, 2018

Preparing for NOOHRA Workshop #1 at 11 a.m. on Sunday, January 14, 2018

Hello Dear Friend!

If you're getting this email, it means that you've signed up in some way, shape, or form for Noohra. Thank you! I am really looking forward to the next four weeks- just preparing all of the curriculum has been such an exercise in depth and joy.

In order to get the most out of our time together, there will be a tiny bit of preparation work to do each week. As such, I'll be sending out pre-Noohra emails every Tuesday with information for the following Sunday's workshop and a short (I promise!) "homework" assignment.

## Here's what you need to know for Week 1:

Theme: IDENTITY - Who am I? + Who is God?

**Scripture**: *Romans 1:20 (VOICE)* From the beginning, creation in its magnificence enlightens us to His nature. Creation itself makes His undying power and divine identity clear, even though they are invisible... **Overview:** In the first week of Noohra, we'll be using Myers-Briggs Type Indicators (MBTI) to look at how different personalities interact within faith communities. Are you a Traditionalist (SJ) or an Innovator (SP)? Or maybe you're an Intellectual (NT) or Idealist (NF)? We'll find out which Types are well-represented in our community, which are not, and what that means for our present and future. We'll also be discussing where we find resonance between the four basic views of God (God as Super-Being, God as Hyper-Being, God as Ground of Being, and God as a Vent), and how our view of God functions in our lives.

## PLEASE DO AHEAD OF TIME:

Here's <u>a link</u> to a great MBTI quiz (it's free!). If you're not sure of your type, take some time to answer the questions and familiarize yourself with the results.

I'm an INFJ! (Yes, I'm an Introvert. I promise.)

IF YOU'D LIKE TO STUDY UP BEFORE SUNDAY: (You might be an NT...)

- Here is <u>a link</u> to a great article about how UCC churches are using personality tests to create stronger communities.
- Here is <u>a link</u> to a podcast (The Rob Cast ep. 111 with Pete Rollins) about the four basic views of God.

## IF YOU <u>CAN'T</u> BE THERE THIS WEEK:

If you're unable to make it to this week's workshop, please take the quiz anyway and send me an email letting me know your MBTI so we can get as accurate a representation as possible. And make sure to check out the article and podcast mentioned above.

Thank you so much for making the commitment to this community and registering for Noohra. We'll see you Sunday!

Warmly, Ava



JANUARY 14, 21, 28,& FEBRUARY 4 11:00AM-1:00PM