

Please volunteer for Meals on Wheels

For decades Meals on Wheels has been a major First Church mission project. The second Wednesday of each month our volunteers deliver nourishing meals to vulnerable people across our community.

- Over time the need for delivered meals in the community has grown.
- There are now 17 Meals on Wheels routes in Burlington!
- Our involvement has increased. There are now 30 First Churchers among our regular and substitute volunteers on First Church's *Meals On Wheels Day* - the second Wednesday of each month. Most routes have a driver and a runner. The time commitment is about two hours.
- We "cover" 11 routes on the second Wednesday and hope to cover all 17 – it would be great if we could take them on!

Please consider becoming involved with Meals on Wheels. In addition to the 6 routes that are available for regular delivery there are opportunities to substitute on the routes we currently cover when the regular volunteers are not available.

Learn More: Contact our First Church Meals On Wheels Coordinator, Al Weldon to learn more about this vital mission (864-2583 or alweldon@aol.com). Frequently across the program there are needs for substitutes. Al can volunteer to cover a route and do it with you to provide an orientation and a first-hand view of what's involved.

We are talking about 2 hours, one day a month. Meeting a real need and observing the gratitude of the people we serve is more than worth it.

